

Food Table Schedule for February 21, 2009

The food table schedule is just a suggestion and you're certainly welcome to bring what you'd like but remember we're trying to provide nutritious foods to fuel athletes.

Thank you parents, many people have commented on how well stocked and organized the Bedford food table has been throughout the year.

- 103** Fruit such as Apples or Oranges
- 112** Meatballs
- 119** Yogurt or pudding cups
- 125** Granola Bars or Nutri-grain Bars 2 boxes
- 130** Pasta Salad or a Pasta Dish
- 135** Potatoes or Mac & Cheese
- 140** Fruit and Dip
- 145** 2 Small Summer Sausages and Box Crackers
- 152** Celery with Peanut Butter
- 160** Cookies or baked good of your choice.
- 171** Warm Casserole Dish
- 189** Chicken wings or chunks
- 215** Bagels and cream cheese
- 285** 285 Surprise! You pick just bring enough to pass.